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## Creative Parents

### Creative thinking for parents



Co-funded by the  
Erasmus+ Programme  
of the European Union

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Creative thinking means thinking outside the box. It is the ability to look at things differently and find new ways of solving problems.

Creative thinking skills allow us to remain flexible and provide us with the capacity to deal with the opportunities and challenges that are part of our complex and fast-changing world.

Nowadays, creative thinking has been proven to be a valuable asset, especially for parents, who need to stay at home with their kids as a consequence of the Covid-19 virus. Parents need to be flexible and at the same time give courage to their children, by finding different ways of entertaining them.

In this context, the Creative Thinking for parents project aims at developing the creative thinking skills and competence of parents of children at school age.

## Objectives

The main objective of the Creative Thinking for Parents Project is to develop the creative thinking skills of parents of school aged children. The specific objectives of the project are:

- To develop a training programme on creative thinking for parents
- To develop an online motivation learning environment that will bring creative thinking education in their houses
- To develop a parents' guide on creative thinking
- To organise workshops for parents
- To disseminate the project results and to create an online community of practice of parents to promote creative thinking.

## Who can benefit

Direct target groups of the project are parents of children at school age as well as trainers at parents' schools or parents' support organisations. Final beneficiaries are the children themselves.

## Outcomes

The main outcomes of the project are:

- A Training programme called "Creative Thinking for parents" for the development of creative thinking skills, specifically targeted to parents of school age children. The training programme will be divided into workshops, with a short duration each that will cover different thematic.
- A Learning Motivation Environment which will be accessible online and contents will follow the microlearning methodology, by sending parents short duration interventions/ resources they can do/watch on the topic of creative thinking along with practical exercises that they can do along with their children.
- A Parents' Guide on Creative Thinking, which will include information on the same topics addressed in the training programme and will be provided as a trainees handbook for the workshops.



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